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# Hans F. Lessmann, O.D., F.C.O.V.D., F.C.S.O.

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## Curriculum Vitae 2014

### Optometric Experience

- 2001 to present President of the Vision Development Institute, P.C.
- 1992 to 2001 Private Practice with the purchase of the optometric practice from Dr. Harry Wachs, O.D., F.C.O.V.D. that started in 1948.
- Board Certified Fellow in the College of Syntonic Optometry 2009 (F.C.S.O.) [www.syntonicphototherapy.com](http://www.syntonicphototherapy.com)
- Board Certified as a Fellow in the College of Optometrists in Vision Development (F.C.O.V.D.) in 1998, [www.covd.org](http://www.covd.org)

### Licensure

- Pennsylvania
- Virginia

### Education

- Pennsylvania College of Optometry, graduated 1986, Doctorate of Optometry.
- Purdue University, graduated 1983, Bachelor of Science degree.

### Optometric Consulting

- 1992 to 2009 Easter Seals Society, preschool program for the multiple handicapped.
- 1999 to 2009 "B & W Consultants" Football Vision Testing, NFL Combine and All Star venues with Drs. Berger & Wachs.
- 2002 & 2003 "Warner House Clinic" Tubingen, Germany for people with Down syndrome.

### Awards

- 2003 Pennsylvania "OD of the Year" by the Pennsylvania Optometric Association.
- 2003 Western Pennsylvania "OD of the Year" by the Western Pennsylvania Optometric Society.
- 2002 Recognition of Contributions to the Service of Children by Parents Active for Vision Education.
- 1995 "Certificate of Appreciation" by Robert A. Kraskin O.D. Chairman for the International Skeffington Symposium on Vision.
- 1986 SOSH Merit Award "Student Optometric Service to Hati" by the Pennsylvania College of Optometry.

## **In-Services**

- “Vision, Stress, Learning, and Behavior” St Bernadette Elementary Teachers, Garden City Monroeville, 2013 September 15th.
- “Children’s Vision Development” & “Screening Children with Special Needs” Pennsylvania Association of the Blind, 2008 Fall Conference, Seven Springs Resort, October 15<sup>th</sup>.
- “Learning Disabilities, Spectrum Disorders, Behavior Problems, and the Vision Connection”, Westmoreland Association of Retarded Citizens” January 2008.
- “Visual Considerations for the Challenged Student-A Look from the Inside-Out” Easter Seals OT Departement of W PA, Nancy Mott coordinator, February 2005
- “Vision – What is it and What do we do about it?” University of Pittsburgh Medical Center-McKeesport-Latterman Family Health Clinic, Medical Interns, Fall 2003.
- “Visual Enhancement for People with Intellectual Disabilities” Pittsburgh Vision Services Staff, Bridgeville & Oakland Centers, Fall 2003.
- “School Vision Screening: A Practical Approach to Implementing New Guidelines”, Cynthia Thomas, School Health Consultant, PA Dept. of Health, SW District, Fall 2002.
- “Visual Enhancement for Patients with Developmental Disabilities” McGuire Memorial Home, Beaver County PA, August 2002.
- “Vision Screening for the 21<sup>st</sup> Century” Cynthia Thomas, School Health Consultant, PA Dept. of Health, SW District, Fall 2001.
- “Seeing Through the Eyes of the Handicapped Child” Pittsburgh Pediatric Study Group at the Pittsburgh School for the Blind, 2000.
- “Considerations of the Visually Impaired” December 1997, Allegheny Intermediate Unit for the teachers of the visually impaired.
- “Vision in the Classroom” elementary teachers of the Mt. Lebanon School District.
- “Vision and Behavior” West Virginia University - School of Behavioral Medicine, 1994.
- “Vision and Learning In-Service” for teachers of the non-public Pittsburgh Schools division of the Allegheny Intermediate Unit of Mt. Oliver, 1991.
- “Vision and Literacy” Pennsylvania Governors Mansion - Literacy Corps, Governor Robert P. Casey, 1990.

## **Professional Organizations**

- OEP – Optometric Extension Program 1987 to present.
- CSO – College of Syntonic Optometry 2006 to present.
- COVD – Fellow in the College of Optometrists in Vision Development, Board certified in 1998.
- SEPP - Society for the Education of Physicians and Patients, President 2007 to present.
- ACEP – Association of Comprehensive Energy Psychology 2012 to present.
- WPOS - Western Pennsylvania Optometric Society, President in 2001.
- MAOC - Middle Atlantic Optometric Congress, treasurer 1989 - 2000.

## **Professional Lectures**

- SOLCIOE - Pennsylvania Clinic Coordinator for the "Special Olympics Lions Club International Opening Eyes" Vision Screening Program, 1999 to 2006.
- POA – Pennsylvania Optometric Association since 1984-2011.
- AOA – American Optometric Association since 1982-2011.
  
- 2013 "Vision and Spectrum Disorders" August 24 Jumonville Luthern Autism Initiative Conference.
- 2007 "Evaluating the Uncooperative Patient" & "Managing Perceptual Anomalies in the Brain Injured or Autistic Patient", East-West Eye Conference, Cleveland Ohio.
- 2004 Duquesne University Physical and Occupational Therapy Students and Faculty, Pittsburgh PA, "Vision Enhancement for People with Down syndrome".
- 2003 Trisomy 21 Research Conference, New Orleans, LA "Visual Enhancement for People with Down Syndrome" September 14<sup>th</sup>.
- Pittsburgh Vision Service Joint Seminar on Vision Screenings "Beyond the Organic" August 13<sup>th</sup>, 2003.
- 2003 Special Olympics World Games Health Symposium, Belfast Ireland, "Visual Enhancement for People with Mental Retardation".
- 2002 International Leadership Conference for Special Olympics Lions Club International Opening Eyes" vision screening of the "Healthy Athletes" Initiative on "Visual Enhancement for People with Mental Retardation", Washington DC.
- "Visual Enhancement for People with Mental Retardation" – Neuro-Optometric Rehabilitation Association 2002 11<sup>th</sup> Annual Multi-Disciplinary Conference on Autism, Cincinnati, OH.
- "Vision – The Dominant Sense" Fall Sensory Integration Series sponsored by the Developmental Delay Registry, 2001.
- "Developmental Assessment of the Pre-School Child" Middle Atlantic Optometric Congress, 2001.
- "Behavioral Optometry" Robert Morris College 1994.
- Skeffington Symposium Presentations:
  - "Monkeys and Dragons" 2012
  - "Quantitative Anemia Theory" 2009
  - "Video Clips of Optometry in Action" 2008
  - "Time Perception and Intellectual Dysabilities" 2004.
  - "A Discovery – Skeffington Strikes Again" 2003.
  - "Tactile Insufficiency and Chronic Vertigo", 2002.
  - "Optometric Tangents in Evaluating the Multi-handicapped", 2001.
  - "Down syndrome - a quiet population of blur", 1999.
  - "The Child who knows no blur", 1998.
  - "The Warner House Clinic; an Optometric Perspective", 1997.
  - "Video Retinoscopy", 1995.
  - "Generation transfer of an Optometric Practice", 1994.
- Pennsylvania College of Optometry "Dynamic Retinoscopy" 1996, student guest lecture.

**Board Positions**

- President of the “Society for the Education of Physicians and Patients” 2006 to present
- DDR-Developmental Delay Resources [www.devdelay.org](http://www.devdelay.org) 2004
- Special Olympics of Allegheny County 2003 to 2005
- Pediatric Vision Care Committee of the Pennsylvania Optometric Association 2002 to 2004
- Western Pennsylvania Optometric Society President 2001 (WPOS).
- Radio Information Service, 1999 to 2000.
- Down Syndrome Group of Western PA, 1996.

**Community Interests**

- Braddock Road Preservation Association 2004 to present
- Steel City Rowing Club 2013 to present
- Three Rivers Rowing Association, (TRRA) 1988 to 2013, international competition in sweep rowing at the master’s level.
- Cornerstone Ministry in Murrysville Prayer Room Support 2010 to present
- Beulah Presbyterian Church, deacon 1997 to 2000.
- Sylvan Canoe Club, 1999 to 2003.

**Personal Notes**

- Along with wife Amy parent to three children, Nicole (26) US Army, Jessica (24), Karl (21), Jessica having Down syndrome.
- Personal Interests: Family, Rowing, History, Bicycling, Fly Fishing, Camping, Hiking, Photography.